

**Adper™ Adhesive Systems**  
**3M™ ESPE™ F2000 Compomer Restorative**  
**Filtek™ Z250 Universal Restorative**  
**Sof-Lex™ Strips, Discs, and Finishing Brush**

**Indications:**

- Direct posterior restorations where the benefits of compomers and composites are desired.

**Prepare the Tooth:**

- Select Shade using the Shade Guide
- Isolate the tooth
- Remove caries

**Adhesive Placement:**

- Apply adhesive following directions for 3M™ ESPE™ Adper™ adhesive system of choice.



**Place Compomer:**

- Place F2000 compomer in increments.
- Place F2000 compomer no further than just apical to the proximal contact.
- Remove any excess compomer inadvertently placed on enamel margins **before light-curing**.
- Light-cure each compomer increment for 40 seconds.



**Place Composite:**

- Place Filtek Z250 Restorative in increments less than 2.5mm.
- Light-cure each increment for 20 seconds. (Increments less than 2.0mm for BO.5, C4 and UD are cured for 30 seconds.)



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**Finish and Polish:**

- Finish occlusal surface using a Sof-Lex Finishing Brush.
- Finish proximal surfaces with Sof-Lex Extra Thin Discs and Strips.



**Check Occlusion:**

- Check lateral and centric occlusion.
- Adjust if necessary.