

3M™ ESPE™ F2000 Compomer Restorative
3M™ ESPE™ Z100™ Restorative
Adper™ Single Bond Adhesive System
Sof-Lex™ Discs, Strips and Finishing Brush

Indication:

This technique is an alternative to current amalgam and posterior composite restorative techniques, combining the benefits of compomer and composite materials.

Etch:

- Apply Scotchbond™ Etchant to enamel and dentin. Wait 15 seconds.
- Rinse.
- **Blot excess water leaving tooth moist.***



Bond:

- Using a fully saturated brush tip for each coat, apply **2 consecutive coats** of Adper Single Bond Adhesive to enamel and dentin.
- Dry **gently** for 2-5 seconds.
- Light-cure the adhesive for 10 seconds.

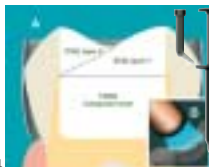


Place Compomer:

- Place F2000 compomer in increments.
- Place F2000 compomer no further than apical to the proximal contact point.
- Remove any excess compomer inadvertently placed on enamel margins **before light-curing.**
- Light cure each compomer increment for 40 seconds.



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Place composite:

- Place Z100 Restorative incrementally.
- Light-cure each increment for 40 seconds.



Finish and Polish:

- Finish occlusal surface using a Sof-Lex Finishing Brush.
- Finish proximal surfaces with Sof-Lex Extra Thin Discs and Sof-Lex Strips.



Check Occlusion:

- Check lateral and centric occlusion.
- Adjust as needed.